



# ANTONINE COLLEGE

A CATHOLIC CO-EDUCATIONAL COLLEGE FOUNDATION - YEAR 12



## YEAR 8 HANDBOOK

[WWW.ANTONINE.CATHOLIC.EDU.AU](http://WWW.ANTONINE.CATHOLIC.EDU.AU)



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Last update: 24 November 2023**

## Welcome to Year 8

The theme for Year 8 is **Connections**. Year 8 is an opportunity for students to connect, grow and flourish through nurturing collaborative and authentic relationships. Antonine College provides a place for students to come and develop their understanding of themselves as independent and collaborate learners who are discerning, yet open minded towards the world around them.

Students begin to develop a keen interest and understanding in how they connect to their world and the people in it. Pastoral Care and Religion classes continue in House groups. This allows students to further develop friendships and build on their knowledge of organisation, resilience, and confidence.

In Year 8 students have the opportunity to make some decisions concerning subject choices. As well as the Core subjects: Religion, English, Science, Maths, Pastoral Care, Health & PE, Humanities and Arabic, students will select two elective subjects to complete in Semester 2: Art, Dance, Drama, Music, Visual Communications & Food Technology. Students engage in performances throughout the year to highlight their talents. Other opportunities that support students to learn and grow include: curriculum extension programs, excursions, learning support, camp and co-curricular activities.

Students can speak to their subject teacher for any issues and concerns. Students may also visit their Learning Coordinator who is available for support. Parental contact is encouraged as it is imperative for students, teachers, and parents to form a partnership which works in the best interest of the child.

We look forward to continuing with you on your educational journey.

Yours in Education

Ms Stephanie Hartnup

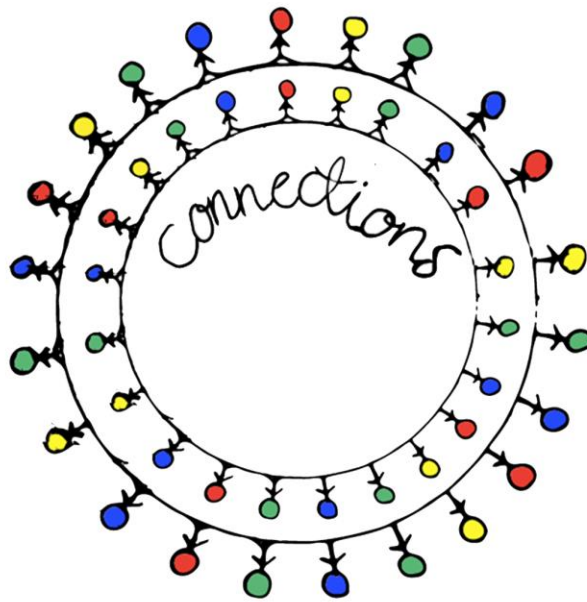
Year 8 Learning Coordinator

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# ANTONINE COLLEGE

## Year 8 Theme **Connections**



*Be completely humble and gentle;  
be patient, bearing with one another in love.  
Make every effort to keep the unity of the  
Spirit through the bond of peace.*

*Ephesians 4: 2-3*

**Goal:** Students connect, grow and flourish through nurturing, collaborative and authentic relationships.



## Mission Statement

As a Maronite Catholic learning community inspired by the Antonine Sisters' charism we strive to:

- **Enhance our Education in Faith**
  - Provide a comprehensive education in a secure and caring environment in which every person can grow and develop spiritually, intellectually, socially, and physically. Gospel values are reflected in our daily practices. Differences are welcomed and the value of every individual as a child of God is affirmed.
- **Enhance Teaching and Learning**
  - Provide a curriculum that caters for individual needs through a range of experiences suited to diverse learning styles.
  - Utilise Digital Technologies so that learning is engaging, personalised and authentic enabling students to become active and informed citizens of the 21st century.
- **Promote Student Wellbeing**
  - Foster respectful relationships among students, staff and others associated with the College in a spirit of co-operation, trust and responsibility.
- **Strengthen School Community**
  - Our College is committed to the continuous growth in learning outcomes for students and to develop the skills for lifelong learning. Partnership between home and College is promoted.
  - Opportunities for engagement in a deeper awareness of our cultural heritage, especially through the study of languages is provided.
- **Build Leadership**
  - All individuals are considered to be leaders demonstrating relationships

## Vision Statement

Antonine College will commit to building a faith-filled learning community where:

- every student and staff member takes ownership of and responsibility for continuous improvement and life long learning
- students develop as autonomous, self managing, resilient and responsible learners
- digital technologies are fostered through an agile, innovative and effective teaching and learning environment

## Year 8 Rites of Passage

	Title	What makes this a Rite of Passage?
<b>Term 1</b>	<p>Community Connections</p> <p>Coastal Outdoor Experience</p>	<p>Students explore how they can positively contribute to their local community.</p> <p>Students develop Connections to each other and to the environment as they explore the outdoors in a range of activities designed to challenge them to step outside their comfort zone.</p>
<b>Term 2</b>	Dance Performance	Students showcase their skills as they performance a dance routine as a class.
<b>Term 3</b>	Faith Development and Formation	Students explore the importance of friendship and reflect on the qualities of Jesus. They aim to embody Jesus' authentic love to all people.
<b>Term 4</b>	Performance Evening	Students, who have been involved in Performance subjects, have the opportunity to perform.

### Important Events:

- End of semester exams
- Coastal Experience
- Faith Retreat
- Subject specific excursions and incursions
- Athletics Carnival
- Antonine Day
- Theme Weeks – Book Week, Science Week, Literacy and Numeracy Weeks
- Feast Days



## Year 8 Camp

In Term 1, the Year 8s journey down to Anglesea for their beach camp. The timing of the camp provides an opportunity for students to develop new relationships with their peers and teachers and enjoy the beautiful seaside environment that Anglesea has to offer. Packed with outdoor experiences students are encouraged to challenge themselves while experiencing tree surfing in the stunning Otway ranges, canoeing and paddle boarding on the Anglesea River and surfing in Lawn. While embracing these exciting activities, students extend personal abilities and feel a sense of pride as they reflect on new experiences. One long tradition that is a highlight of the camp is the night time HoeDown, where the campsite recreation room turns into laughter and smiles and the students participate in a much loved bush dance.





## Core Subjects

All Year 8 students participate and study the following Core Subjects:

### Religious Education

In this subject students study the socio-historical context of first century Israel and the formation of the Christian religion. Students make connections between past and present figures in the history of the church. Students investigate good and evil and their connection to the principles of Catholic Social Teaching, they also explore a variety of world religions.

### English

Students read the novel "Runner" and the use of language devices. Students study form and genre and write analytically on "Things a map won't show you" and study the film "Spirited Away".

### Mathematics

In Semester One students study Integers, Geometry, Decimals and Percentages. This is followed by algebra, solving equations, constructing graphs, two-way tables and Venn diagrams and calculating probabilities of events.

### Science

Students study Biological Science – Cells and Living Systems, Chemical Science – Elements, compounds, mixtures and chemical change, Physical Science – Using energy, light and sound and Earth and Space Science – rocks.

### Humanities

Students study Civics and Citizenship, in particular the law and justice system, they then move on to Economics and Business. In Semester Two Students explore Medieval Europe, The Spanish conquest of the Americas and Japan under the Shoguns.

### Pastoral Care & Careers

Students participate in the You Can Do IT program, completing activities such as circle time, journal writing, maintaining a student portfolio and complete careers tasks.

### Health & Physical Education

Students participate in a number of sports including Basketball, Volleyball, European Handball, Ultimate Frisbee and Soccer. In Health students explore lifestyle diseases, the effects of exercise on the body and First Aid.

### Arabic Language

Students begin the year by studying "Camp Activity", "Summer temporary job" and "I have a question". Students then reflect on Culture and Language, including "Celebrating Feasts" and "Nijjar's Family".



## Year 8 Electives and Descriptions

As well as the Core subjects, students will select two elective subjects to complete in Semester 2:

Subject	Subject Description
<b>Art</b>	In this subject, students will look at different styles of art work and use this for inspiration for their own creations using a range of mediums and materials. Students explore the work of famous street artists and analyse purpose and audience for different art works.
<b>Dance</b>	In this subject, students will work in small groups, choosing a genre of dance and choreographing a routine. They will learn how to understand the choreographer's intention in performances. Students will develop their stage awareness and stage etiquette and perform at an end of year show case on a professional theatre stage with an audience
<b>Drama</b>	In this subject, students study improvisation and the process of transforming a script into a performance. All students participate in the 'Improvisation Olympics' where they compete against each other in teams, using refined improvisation skills. Students then explore the process of transforming a script into a refined performance through various production stages.
<b>Music</b>	In this subject, students will be participating in skill building, informal performances, theory of music, genres. This is a great class for students who are interested in music.
<b>Music Band</b>	In this subject, students will be participating in a more advanced music class. We encourage students in Music Band to also take instrumental lessons. Students will be preparing for formal performances throughout the year.
<b>Visual Communication &amp; Design</b>	In this subject, students are introduced to the fields of design, Communication, Environmental and Industrial. Students will then complete a design process in the Industrial (Toy Design) and Communication (Branding) design fields to build on the Environmental design work done in Year 7. There will be a focus on designing for a specific audience using paraline drawing as the 3D method.
<b>Food Technology</b>	In this subject students will learn basic cooking skills and methods to use in the kitchen. They will select recipes to prepare and reflect on their experiences.

**Homework** - Students will receive homework in most of their subjects and will need to be organised and prepared for each lesson. The table below describes the homework policy for Year 8 students during term time.

Year Level	Homework	Recommended Time
<b>Year 8</b>	<ul style="list-style-type: none"> <li>• Should include daily independent reading</li> <li>• May extend class work, focus on developing study notes, projects and assignments, essays and research</li> <li>• Should be coordinated across learning areas to avoid unreasonable workloads for students</li> <li>• Could include online programs or Apps</li> </ul>	1-1.5 hours per night

## Antonine High Achiever (AHA) Program

Antonine High Achiever (AHA) program is designed to offer students an opportunity to engage in a range of challenging activities including setting learning goals, participating in STEM activities and seeking out independent tasks to extend understanding and develop thinking skills.

### AHA Saint Joseph Campus

**Part 1: Personalised Learning Plan (PLP) for students who achieve high results**

1-2 goals to challenge and extend students, identified through close analysis of a range of data as high achieving, will be written for the subject area (either Maths or English) each semester for the year.

**Part 2: High quality in-class differentiation**

Teachers will continue to provide high quality in-class differentiation to meet the needs of their learners.

**Part 3: Extension subject opportunities**

From Year 9 students can select to complete extension subjects including electives, VCE subjects, or University subjects that extend students beyond the curriculum.

**Part 4: Year 8 STEM extension**

This includes the analysis of a range of data to identify and select two groups of Year 8 students to participate in a timetabled period of STEM extension activities.

**Part 5: Learning Area Extension Certificates**

Each Learning Area will be responsible for creating 2-3 Extension Certificates. Students who complete these will receive a certificate and acknowledgement of this accomplishment.



### AHA Extension Certificates



<https://www.antonine.catholic.edu.au/learning-teaching/saint-joseph-campus/antonine-high-achiever-aha-extension-certificates>



# Wellbeing and Engagement Policy

## GUIDING PRINCIPLES

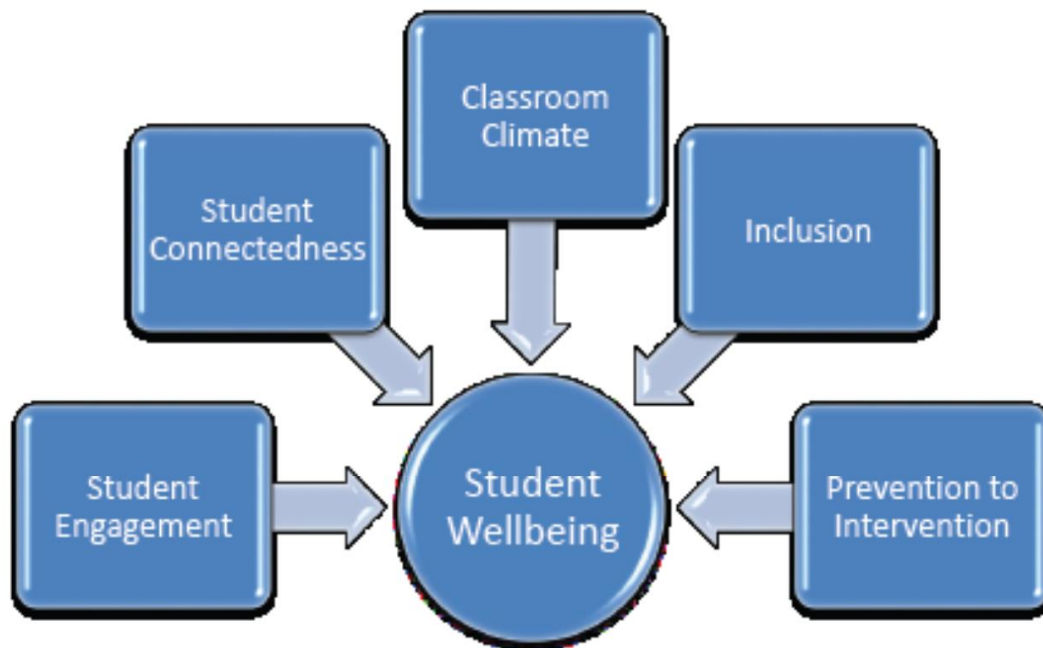
*“Antonine College seeks to ingrate faith, life and culture in a safe, affirming and supportive environment where Gospel values are reflected in our daily practices”*

Catholic schools are rich places involved with young people during their most formative years and as such the College recognises its position in fostering the positive development of students that emphasises and builds on their capabilities.

The outcome and benefit of promoting positive behaviour in schools is to create safe, supportive learning environments which lead to increased student engagement and improved academic outcomes.

Research concerned with student health and wellbeing emphasises the relationship between academic achievements of students and the promotion of wellbeing.

Antonine College is committed to enhancing the wellbeing of its students through a whole school and tiered approach in the following areas:



## COUNSELLING

The College provides wellbeing support for students who may be experiencing ongoing or short-term issues that could affect their learning outcomes.

If you are concerned about your child and would like to make a referral, please contact:

- The Year 8 Learning Coordinator – Ms Stephanie Hartnup
- The Wellbeing and Engagement Leader - Ms Helen Diab

Families are also able to get support from the College Chaplains and Antonine Sisters. The College is affiliated with Youth Workers and other Catholic and government services.

All Year 8 students will partake in a transition support session in small groups with the College Counsellor, Ms Lidia Tanski, in Semester 1.



## House Information

Students at Antonine College belong to one of four houses and are an important part of their time at the college. Each house proudly bears the name and values of significant people to the college, to our faith and to Australian culture and identity.

The House System enhances student connectedness and is an important protective factor for many students, the house system supports students to experience 'belonging', have positive experiences of school, feel their values align with the school's, and build positive relationships with their peers.

Throughout the year student will participate in school activities, these include a range of sporting, cultural and other events where each House competes or is awarded points.

Every year, the overall F-12 House Winner is announced at our Whole School Mass connecting the Primary and Secondary Campuses.

### MacKillop

**This House is named in honour of Mother Mary Mackillop who is Australia's first Saint.**

- Born in Fitzroy, Melbourne in 1842.
- In 1861 she went to work in Penola, a small town in South Australia, where she met Father Julian Woods and together they opened Australia's first free school 'The Sister of St Joseph'.
- She took a vow of poverty, which meant Mary and her followers had to beg for money.
- Mary's followers grew, and by the time she died in 1909 there were St Joseph's Schools all over Australia.
- Beatified in 19 January 1995 by Pope John Paul II.
- Canonized 17 October 2010, Rome
- Feast Day 8 August
- The RED HOUSE bears her name.



### Maroun

**This House is named in honour of Saint Maroun.**

- Born in the middle of the 4th century.
- He was a monk and priest who later became a hermit. He was an ardent follower of Christ and a zealous missionary with a passion to spread His message by preaching it to all he met.
- He renounced the world and its attractions and lived in the ruins of an ancient pagan temple, transforming it into a place of prayer and meditation.
- The Maronite reached Lebanon when St Maroun's first disciple Abraham of Cyrrhus, realised that paganism was thriving in Lebanon. He set out to convert them by introducing them to the way of St Maroun. He is the patron of the Maronite.
- He died in 410 AD.
- The GOLD HOUSE bears his name.



## Nassar

This House is named in honour of Sister Marie Nassar.

- Born in Nabay El-Maten, Lebanon.
- First Principal of Antonine College.
- In 1980 Sister Mary together with Sisters Florence, Henriette and Charles were the first Antonine Sisters to come to Australia.
- The Antonine Sisters established a Language School, a Childcare Centre, a Primary School and Secondary College.
- Over the years Sister Mary has worked tirelessly demonstrating her leadership ability and pastoral concern for all. She remains an example for us, as we admire her devotion to God and her selflessness in all her undertakings.
- The BLUE HOUSE bears her name.



## Paterson

This House is named in honour of Andrew Barton Paterson.

- Born in 1864 at Narrambla, New South Wales.
- His passion was poetry and he signed his published poems 'the Banjo'.
- In his poetry, 'Banjo' Paterson captured the magic of Australia's bush and the characters who lived there.
- His ballads inspired a pride in Australia and his "Waltzing Matilda" has become Australia's unofficial national anthem. His robust bush ballads, nostalgic for the pastoral age, were tremendously popular.
- He died in Sydney in 1941.
- The GREEN HOUSE bears his name.



## Wellbeing for Learning



### ANTONINE COLLEGE Wellbeing for Learning



enable + connect + engage + faith = success

# Uniform Policy

The Dress Code applies during College hours (including travelling to and from the College) and when students are engaged in College activities out of hours. Parents should ensure their child's uniform is being worn correctly.

The Antonine College Dress Code Policy aims to:

- Accurately reflect the values of the Antonine College community
- Create a sense of collective and individual pride in students and their identification with Antonine College.
- Promote a positive image of the College within the wider community.

## UNIFORM REQUIREMENTS

All students are required to own and wear the prescribed Antonine College uniform daily and for all official and special occasions. Uniforms should be kept clean, pressed and mended, with shoes kept clean and polished.

Breaches of aspects of the dress code will incur consequences consistent with the Behaviour Management Policy.

A written note is required when circumstances arise causing children to wear non-uniform attire. Uniforms are purchased from Academy Uniforms <https://www.academyuniforms.com.au>

## JEWELLERY

- Ear studs or sleepers (one pair only)
- Wristwatch
- A religious item to be worn inside shirt/dress

NB: The wearing of rings, nose rings, bracelets, bangles and all other jewellery is not permitted. The College will not accept responsibility for jewellery items or other personal belongings.

## NOT ALLOWED

- Make up
- Coloured nail polish
- Artificial nails/gel nails/long nails
- Visible body piercing (even if covered)
- Tattoos
- Artificial eye lashes

*Only uniform items authorised by the College are to be worn during school hours. Items not listed on the College dress code are prohibited.*

## HAIR GROOMING BOYS & GIRLS

The College expects students' hair to be neat, clean, kept off face and must remain in its natural colour.

- Shoulder length hair must be tied back and secured with a navy elastic or ribbon. No hair extensions
- No fashionable extremes in hair colour and styles



All items of clothing and equipment must be clearly marked with the child's full name. The College cannot accept responsibility for the loss of any possession.

### Summer Uniform



### Winter Uniform



### Summer Sport



### Winter Sport




### House Top



### Bags



# St Joseph Campus Leadership



**Ms Joanne Bacash**  
Principal



**Mr Rob Fomiatti**  
Deputy Principal



**Ms Ria Coffey**  
Deputy Principal



**Ms Helen Diab**  
Student Wellbeing and Learning Diversity Leader



**Ms Fran Cometti**  
Instructional Practice Leader




**Ms Natalie Saliba**  
Religious Education and Faith Formation

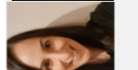
## Year Level Coordinator & Learning Leaders



**Ms Indra Natoli**  
Year 7




**Ms Stephanie Hartopus**  
Year 8



**Ms Diane Farah**  
Year 9



**Ms Isabella Athaide**  
Year 10



**Ms Ayesha Guido**  
VCE



**Ms Josie Roxetto**  
Career Development Practitioner and VET Coordinator